

Food Detective Worksheet

Directions:

Take a prepared food product and find out what the food is made from, the source of the ingredients, and how the ingredients were grown. Look on the label for clues that may help you discover where in the world the food came from. Fill in the Food Detective Ingredient Chart with the clues. Use sources from the library or the Internet to help find more information about how and where food is grown.

Food Detective Ingredient Chart		
Name of Food		
Ingredients (List each ingredient below)	Ingredient Source (What the ingredient comes from and how it is grown or produced)	Ingredient Place (Where the ingredient might have been grown or produced)