UNIT: FIRST AID

ACT-Based English: First Aid Terminology Matching

### Here are ACT-aligned English activities for First Aid Kits that help students build real-world skills in grammar, clarity, and technical communication needed for effective emergency response.

### Objective: Students will match medical terms to their definitions.

MATERIALS NEEDED:

* Flashcards
* Glossary of first aid terms

STUDENT DIRECTIONS:

**Goals:**  
You will learn and apply essential first aid vocabulary by matching terms to their correct definitions. This activity builds the grammar, clarity, and technical communication skills needed for accurate emergency response and ACT success.

**Step 1: Vocabulary Warm-Up**

1. Begin by reviewing the **First Aid Glossary** provided by your teacher.
2. Use a highlighter to mark any unfamiliar terms, and look them up using a dictionary or glossary sheet.
3. Ask a classmate or your teacher for clarification if you're unsure how a term is used.

**Step 2: Flashcard Matching Activity**

1. You will receive **flashcards**—some with **first aid terms**, and others with **definitions**.
2. **Match each term to its correct definition.** Work with a partner or small group to discuss and verify your answers.
   * Examples of terms include: *abrasion, contusion, hemorrhage, CPR, shock, fracture*.
3. Once matched, check your answers using the glossary or teacher key.

**Step 3: Vocabulary in Context – Scenario Practice**

1. After completing the matching activity, take **3–5 terms** and use them in your own **complete sentences**. Example:
   * *“The first responder applied pressure to control the hemorrhage before the paramedics arrived.”*
2. In small groups, read **short emergency scenarios** (provided by your teacher), and:
   * Identify which vocabulary words apply to the scenario.
   * Practice using precise terms to describe injuries or actions.
   * Discuss **why clear communication is important in emergency situations**.

## ACT-Style Question:

## Which term refers to stopping excessive bleeding?

## Contusion

## Hemorrhage

## Abrasion

## Laceration

## **⚡ Why These Activities and Questions Matter**

## By engaging in English-based activities connected to First Aid Kits, students:

## ✅ Practice using precise medical vocabulary in emergency scenarios. ✅ Strengthen grammar, clarity, and sentence structure in first aid documentation. ✅ Develop effective communication skills critical for writing accurate, life-saving instructions.

## These skills mirror the ACT Writing requirements—helping students become confident, effective communicators prepared for college and STEM careers.