UNIT: FIRST AID

ACT-Based English: Improving Clarity in First Aid Instructions

### Here are ACT-aligned English activities for First Aid Kits that help students build real-world skills in grammar, clarity, and technical communication needed for effective emergency response.

### Objective:

Students will revise poorly written first aid instructions.

MATERIALS NEEDED:

* Sample first aid instructions
* Editing worksheets

Student directions:

**Goals:**  
You will practice improving the clarity, grammar, and sentence structure of emergency first aid instructions. This will help you develop communication skills essential for real-world safety scenarios and ACT success.

**Step 1: Read the Sample Instructions**

1. Look at the **sample first aid instructions** your teacher gives you.
2. **Highlight or underline** any parts that sound confusing, grammatically incorrect, or unclear. Pay attention to:
   * Run-on sentences
   * Misused verb tenses
   * Awkward or incorrect phrasing
   * Missing or extra words

**Step 2: Revise for Clarity and Accuracy**

1. Use the **editing worksheet** to rewrite each instruction in your own words.
2. Focus on **clear, concise** language that someone could follow in a real emergency.
   * Example:
     + Original: *“If someone is bleeding you should apply pressure to the wound and don't removing the cloth.”*
     + Revised: *“If someone is bleeding, apply pressure to the wound and do not remove the cloth.”*
3. Double-check your grammar and punctuation.

**Step 3: Share and Discuss**

1. Once you’ve revised your instructions, **pair up or form a small group**.
2. Take turns reading your revised instructions aloud.
3. As a group, discuss:
   * Which version is **clearest and easiest** to follow?
   * Why is **precise language** so important in emergencies?
   * How would unclear instructions impact someone's safety?

**Sample First Aid Instructions**

1. If someone is bleeding you should apply pressure to the wound and don't removing the cloth.
2. Clean the area with a water and soap before putting on a bandage.
3. You should stays calm and talk to the injured person so they not panic.
4. Don't touch a burn with your hands or try to pop the blisters.
5. Check for breathing, if the person is not breathing give they CPR.
6. Keep the injured area elevated if it’s swelling or bleeds a lot.
7. Call emergency help if the wound is deep or don’t stop bleeding.

ACT-Style Question:

* Which revision improves clarity?

1. "Apply bandage on wound tightly in case of emergency stop."
2. "In an emergency, apply a tight bandage to stop the bleeding."
3. "A tight bandage apply emergency stop wound."
4. "Emergency wounds need stopping a bandage tight apply."

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## **⚡ Why These Activities and Questions Matter**

By engaging in English-based activities connected to First Aid Kits, students:

✅ Practice using precise medical vocabulary in emergency scenarios.  
✅ Strengthen grammar, clarity, and sentence structure in first aid documentation.  
✅ Develop effective communication skills critical for writing accurate, life-saving instructions.