UNIT: FIRST AID

ACT-Based Writing: Creating a First Aid Safety Poster

### **Here are ACT-aligned writing activities for First Aid Kits** that help students build real-world communication skills through clear instructions, persuasive writing, and technical explanations relevant to emergency care.

### Objective:

Students will design a visual aid summarizing key first aid principles.

MATERIALS NEEDED:

* Poster board
* Markers
* Printed health guidelines

STUDENT DIRECTIONS:

**Goal:**

You will design an informative and visually engaging poster that clearly summarizes key first aid principles for a common emergency situation. This activity will help you practice clear, organized, and persuasive writing skills important for real-world communication and the ACT.

**Step 1: Choose a First Aid Emergency Topic**

* Select one common first aid emergency to focus on. Examples include:
  + Burns
  + Severe bleeding
  + Choking
  + Nosebleeds
  + Sprains or fractures
* Make sure you understand the basic first aid steps to treat this emergency.

**Step 2: Research and Gather Information**

* Use the printed health guidelines or other credible sources to find clear, step-by-step instructions for treating your chosen emergency.
* Note important key terms (e.g., “apply pressure,” “cool the burn,” “perform abdominal thrusts”).
* Find or create simple visuals or diagrams to help explain the steps clearly.

**Step 3: Plan Your Poster Layout**

* Decide how you will organize your poster so it is easy to read and understand.
* Common elements to include:
  + Title (e.g., “How to Treat a Burn”)
  + Step-by-step instructions (use numbered or bullet points)
  + Key terms highlighted or defined
  + Illustrations or pictures to support your instructions
  + Emergency contact information (such as “Call 911 in an emergency”)
* Sketch a rough draft of your layout on scratch paper before working on the poster board.

**Step 4: Create Your Poster**

* Carefully write your instructions on the poster board using clear, concise language.
* Use bullet points or short sentences rather than long paragraphs to make the information easy to follow.
* Add visuals that match each step, making sure they are clear and relevant.
* Include emergency contact numbers prominently on the poster.
* Use colors and fonts to highlight important points but keep the design neat and readable.

**Step 5: Review and Edit**

* Read your poster aloud or have a classmate review it to check for clarity and correctness.
* Make sure all steps are accurate and easy to understand.
* Correct any spelling or grammar mistakes.
* Ensure your poster looks visually balanced and professional.

**Step 6: Present Your Poster (optional)**

* Be prepared to explain your poster to the class or a small group.
* Highlight why the information you included is important for emergency preparedness.
* Answer any questions about the first aid steps you described.

**Tips for Success:**

* Focus on clear and simple language—your goal is to help someone quickly understand what to do in an emergency.
* Use visuals to reinforce the instructions—they help make your message memorable.
* Avoid cluttering the poster with too much text. Keep it focused and organized.
* Remember the audience: your poster should be helpful to someone who might have little or no first aid knowledge.

## ACT-Style Question:

## Which of the following would be **most** effective in a first aid safety poster?

## A long paragraph explaining wound care

## A bullet-point list of steps for treating burns

## A detailed story about a first aid situation

## A history of first aid techniques

## **⚡ Why These Activities and Questions Matter**

By incorporating real-world scenarios from First Aid Kit applications, students:

✅ Strengthen written communication by organizing clear, step-by-step explanations of first aid procedures.   
✅ Practice argument development through persuasive writing on the importance of emergency preparedness.   
✅ Build clarity and precision in technical writing using real-life medical contexts.

These writing-based activities help students connect academic writing skills to practical, life-saving situations—just like they’ll be expected to do on the ACT and in real-world healthcare scenario